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Angola

The following provides a summary of specific guidelines from the country's national guidance strategy. Use the jump links in yellow to access details on first-, second-, and third-line treatment regimens by patient population, in accordance with the WHO guidelines. This summary can be downloaded or e-mailed to yourself or a colleague. The original country guidance document can also be found below the jump links for download.

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-  [Protocolo para Avaliação e Seguimento de Enfermagem aos Pacientes VIH+ \(PDF / 690 KB\)](#)
 -  [Nota Técnica Sobre as Mudanças no Diagnóstico e Tratamento da Infecção Pelo VIH e SIDA em Angola para Adultos, Gestantes, Adoles \(PDF / 4 MB\)](#)

Adults, Adolescents, Children Greater than 10 Years, and Pregnant Women

Year Issued:

2014

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

Initiate ART if:

CD4 less than or equal to 350 cells/mm³ (or TLC less than or equal to 1200), or
WHO stage 3 or 4, or
two or more minor signs or symptoms and CD4 or TLC analysis are not available, or
active TB (current or in past 2 years), or
chronic hepatitis B, or
pregnant, or
breastfeeding

Consider initiation of ART if:

Serodiscordant couple, or
elevated cardiovascular risk, or
high viral load (VL greater than 100,000 copies), or
HIV nephropathy, or

age greater than 55 years old

Regimen Options:

First Line:

First choice:

TDF + 3TC + EFV (also for pregnant women regardless of gestational age)

Second Line:

AZT (or ABC) + 3TC + LPV/r

First Line:

Second choice:

AZT + 3TC + EFV (or NVP)

TDF + 3TC + NVP

Second Line:

TDF (or ABC) + 3TC + LPV/r

AZT (or ABC) + 3TC + LPV/r

First Line:

Alternative:

ABC + 3TC + NVP (or EFV)

ddI + 3TC + NVP (or EFV)

Second Line:

AZT (or TDF) + 3TC + LPV/r

First Line:

If intolerance to NNRTI: replace NNRTI with ATV/r (or LPV/r)

Reference:

República De Angola Protocolo Para Avaliação E Seguimento De Enfermagem Aos Pacientes VIH+ (2014)

Children less than 5 Years

Year Issued:

2014

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

Initiate ART regardless of clinical stage or CD4 level

Also initiate ART in children less than 18 months of age with presumptive diagnosis of HIV infection.

Regimen Options:

First Line:

Children less than 3 years old:

First choice:

AZT + 3TC + LPV/r

Alternative:

ABC + 3TC + LPV/r (or NVP)

AZT + 3TC + NVP

ABC + 3TC + AZT (TB)

Second

Line:

Not specified.

Reference:

República De Angola Protocolo Para Avaliação E Seguimento De Enfermagem Aos Pacientes VIH+ (2014)

Children 5 - 10 Years

Year Issued:

2014

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

Initiate ART if:

CD4 less than or equal to 350 cells/mm³, or

WHO stage 3 or 4, or

active TB

Regimen Options:

First Line:

Children 3-10 years old and adolescents less than 35kg:

First choice:

AZT + 3TC + EFV

Alternative:

AZT + 3TC + NVP

TDF + 3TC + EFV (or NVP)

ABC + 3TC + NVP (or EFV)

Second Line:

Not specified.

Reference:

República De Angola Protocolo Para Avaliação E Seguimento De Enfermagem Aos Pacientes VIH+ (2014)

Pregnant Women in Labor

Year Issued:

2014

HIV/TB Co-Infection Addressed:

Yes

Criteria for Treatment:

All HIV positive and HIV indeterminate women from the beginning of the active phase of labor until delivery

(Women who are HIV undetermined at the time of labor will also be initiated on ART (TDF + 3TC + EFV))

Regimen Options:

First Line:

AZT 300mg po every 3 hours, or

AZT iv infusion

Second Line:

Not specified.

Reference:

República De Angola Protocolo Para Avaliação E Seguimento De Enfermagem Aos Pacientes VIH+ (2014)

HIV Exposed Newborn

Year Issued:

2014

HIV/TB Co-Infection Addressed:

No

Criteria for Treatment:

All HIV exposed newborns from birth during six weeks

Regimen Options:

First Line:

NVP syrup one dose daily

Second

Line:

Not specified.

Reference:

República De Angola Protocolo Para Avaliação E Seguimento De Enfermagem Aos Pacientes VIH+ (2014)

Source URL: <https://aidsfree.usaid.gov/resources/guidance-data/treatment/angola>